

July In Store Demos

Wednesday July 5 1-3pm
& Saturday July 8 11am-1pm
Healthy Vibes with Vitamix

Vitamix demo and sampling with ingredients from the local farmers market. Tropical Fruit Smoothies and superfood dips



Demo Product Vitamix



Wednesday July 19 Noon - 2:30pm
Breaking Bread with Breville

Ever wanted to make home made, healthy breads? Come by and try some fresh from the Breville bread maker samples and get recipes and tips and on how to use the breadmaker - you will never buy bread again! Whole grain bread and bean dip

Demo Breville Breadmaker



Thursday July 13 5-7pm
Cocktails in Paradise

Bon Vivant's Rum Punch and Spiked Lemonade, home made bar snacks
Tomato Bisque shots with grilled cheese croutons, parmesan pesto pastry straws, caramelized onion dip



Demo Product Breville Sous Chef



Saturday July 15 2-4pm
Mango Mania

Celebrating Mango season! Come by and try some tasty creations, get recipes and shop for special Saturday in store specials
Black Bean Mango Salsa and Chips, Mango Smoothies

Demo Product Vitamix



Saturday July 22 2-4 pm
Bon Vivant Saturday Pop up Bakery

Pop Up bakery where we will have sweet and savory freshly baked goodies, recipes and in store one day only specials
garlic cheese twists, fresh mini muffins

Demo Product Breville Stand Mixer



Saturday July 29 2-4pm
Sweet Treats

Baking up a storm in our Kitchen Studio with
mini chocolate chip cookies



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"better living"